



ANDY NGUYEN'S VEGETARIAN RESTAURANT

Open Every Day
11am - 9pm

2007 Broadway Sacramento, CA 95818
@andynguyenrestaurant84

SMALL BITES

STARTERS

Lemon Grass Garlic Tofu Square • \$7.5

Tempura tofu with lemongrass and garlic.

ALLERGENS: Vegan. Wheat-free.

Tempura Fries • \$7.5

Tempura okra with thai tom-yum paste.

ALLERGENS: Vegan. Wheat-free.

Karmic Connection Fries • \$9

Sea salt and sichuan peppercorns, onions, garlic, vegan mozzarella cheese.

ALLERGENS: Vegan. Wheat-free.

Tempura Okra • \$10

Tempura okra with thai tom-yum paste.

ALLERGENS: Vegan. Wheat-free.

Ribs Beyond Ribs • \$11

Wrapped around sugar cane sticks with sweet chili sauce.

Maha Mushrooms • \$10

Sesame seed panko tempura organic blue oyster mushrooms with house-made sriracha mayo.

ALLERGENS: Vegan. Wheat-free Option Available.

Sea Salt Smoked Oyster Mushroom • \$10

Smoked sea salt blue oyster mushrooms with simple slaw and rice chips.

ALLERGENS: Vegan. Wheat-free.

SALADS

Nirvana Lemon Salad • \$11

Grilled soy beef with carrots, cabbage, onions, mixed herb slaw, crushed peanuts, sesame seeds with house vinaigrette.

ALLERGENS: Vegan. Wheat-free option available.

Spring Beef Salad • \$12

Sautéed so beef infused with lemongrass and garlic over spring mixed salad, tomatoes, cucumbers, carrots, onions, seasonal herbs topped with toasted crushed peanuts and vinaigrette dressing.

ALLERGENS: Vegan. Wheat-free option available.

Eight-Fold Path • \$10.5

Organic spring mixed, button mushroom, tomatoes, carrots, onions, cucumbers, sprouts, quinoa with house vinaigrette.

ALLERGENS: Vegan. Wheat-free option available.

SPRING ROLLS

Treasure Roll • \$8.75

Lettuce, rice noodles, soy shrimp, soy ham, mixed herbs, pickled carrots, crushed peanuts and crispy strips with rice paper and peanut sauce.

ALLERGENS: Contains wheat and whey.

Buddha Roll • \$8.75

Lettuce, rice noodles, infused lemongrass shiitake mushrooms, mixed herbs, pickled carrots, with rice paper.

ALLERGENS: Vegan. Wheat-free option available.

Karma Roll • \$8.75

Fresh mangos, grilled tofu, lettuce, rice noodles, caramelized onion, herbs, pickled carrots with rice paper.

ALLERGENS: Vegan. Wheat-free option available.

Crispy Lotus Roll • \$8.75

Crispy golden egg roll with soy vinaigrette sauce.

ALLERGENS: Vegan. Contains wheat.

NOODLE SOUPS

Patience Noodles • \$10.5

"Pho Noodles", soy beef, tofu, shiitake mushroom, mixed vegetables in spicy onion ginger vegetable broth topped with sprouts, onions, cilantro, basil, jalapeños and lime.

ALLERGENS: Vegan. Wheat-free option available.

Supreme Noodles • \$10.5

"Hue Province Spicy Noodle Soup" soy beef, tofu, shiitake mushroom, seasonal mixed vegetables in a spicy pineapple lemongrass broth topped with sprouts, onions, basil, jalapeños and lime.

ALLERGENS: Vegan. Wheat-free option available.

Love of Life • \$10.5

Japanese udon noodles with soy shrimp, shiitake mushroom, tofu, seasonal mixed vegetables, sesame soy vegetable broth topped with caramelized onions and cilantro.

ALLERGENS: Vegan. Wheat-free option available.

Buddha Belly • \$10.5

"Pho Noodle", spicy lemongrass satay with shiitake mushroom, tofu, green onions, coriander greens and sprouts.

ALLERGENS: Vegan. Wheat-free option available.

Peaceful Curry Noodle • \$12.5

Rice noodles, coconut curry broth, potatoes, carrots, mushroom, mixed vegetables, tofu, cilantro, onions, and sprouts.

ALLERGENS: Vegan. Wheat-free.

DRINKS

Fresh Juice • \$6.5

Fruit Stand
Pineapple, mango, orange.

Reincarnation
Orange, mango, beet, lime.

Dalia Lama
Orange, strawberry, pineapple.

Healing the Soul
Orange, carrot, beet, ginger.

Pure
Pineapple, apple, mint leaves, chia seeds.

Earthling
Apple, beet, carrot, ginger.

Elixirs of Life • \$7.5

Super Energy
Ginger, pineapple, cucumber, bee pollen, wheat grass.

Shaolin Monk
Strawberry, banana, pineapple, spirulina, matcha.

Green Goddess
Carrots, spinach, cucumber, celery, cilantro, lemon, apple, ginger.

Divine Mother
Organic greens, cucumber, mango, banana, pineapple, super greens.

Kind
Mixed berries, banana, wild berry protein, coconut cream.

Fadez on 20
Mixed berries, banana, almond milk, almond butter.

Yoda
Mango, banana, honey, wheat grass.

Be Kind
Pineapple, mango, turmeric, banana, plant protein.

Avid Reader
Organic greens, banana, super greens, vanilla protein.

Awakened One
Coffee, banana, vanilla protein, cacao, almond milk.

Iced Teas & Lemonades • \$4.5

Thai Iced Tea
Thai tea with soy or coconut cream, or naked.

Green Matcha Tea
Coconut cream, almond milk, honey.

Black Mango Tea
Mango-infused black tea with chia seeds and loganberries. Lemonade optional.

Berry Tea
Hibiscus-infused herbal tea with chia seeds and loganberries. Lemonade optional.

Reset Me
Active charcoal lemonade.

Pineapple Lemonade
Pineapple, lemon, chia seeds.

Coffee • \$5

G7
Vietnamese imported powder ice coffee with condensed milk.

Traditional Vietnamese Drip
Iced coffee with condensed milk or coconut milk (optional).



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MAIN BITES

FIRE GRILL

Awakening of Faith • \$12

Rice noodles, crispy lotus roll, grilled tofu and shiitake mushroom, lettuce, cucumbers, sprouts, carrots, mixed seasonal herbs, toasted crushed peanuts with house vinaigrette.

ALLERGENS: Vegan. Wheat-free option available.

Inner Peace • \$12

Rice noodles, crispy lotus roll, lettuce, cucumbers, sprouts, carrots, mixed seasonal herbs, toasted crushed peanuts with house vinaigrette.

ALLERGENS: Vegan. Contains wheat.

Awakening Mind Chow Fun • \$12

Steamed chow fun noodles with grilled Shiitake mushroom and tofu, mixed seasonal herbs, sprouts, caramelized onions with house vinaigrette sauce.

ALLERGENS: Vegan. Wheat-free option available.

Harmonious Connection • \$12

Rice noodles with grilled tofu and shiitake mushroom, shredded tofu infused with "brown rice Vietnamese bi" carrots, mixed seasonal herbs with coconut vinaigrette.

ALLERGENS: Vegan. Wheat-free option available.

Urban Monk Bowl • \$12.5

Rice noodles, garlic, onions, sautéed beef, lettuce, cucumbers, sprouts, carrots, mixed seasonal herbs, toasted crushed peanuts with house vinaigrette sauce.

ALLERGENS: Vegan. Contains wheat.

Ten Thousand Buddha Burger • \$14.5

Grilled Beyond patty, carrot daikon slaw, red onions, cilantro, cucumbers, jalapeños, vegan mayo, vegan shiitake pate, and house fries.

Add Fried Egg • \$2

ALLERGENS: Vegan option available. Contains wheat.

PAN FRIED NOODLES

Zen Yakisoba Noodles • \$12.5

Sautéed garlic soy shrimp, shiitake mushrooms, baby corn, and seasonal mixed vegetables.

ALLERGENS: Vegan. Contains wheat.

Self-Nurturing Chow Fun • \$12.5

Flat rice noodles with soy beef, shiitake mushroom, tofu and seasonal mixed vegetables with house garlic satay sauce.

ALLERGENS: Vegan. Wheat-free option available.

Divine Realization • \$12.5

"Pad Thai" sautéed rice noodles with seasonal mixed vegetables, beets, shiitake mushrooms, seasonal herbs with toasted peanuts.

ALLERGENS: Vegan. Wheat-free option available.

SIDE DISHES

Steamed Vegetables • \$4

Enlightenment Hot Sauce • \$1.5

Two Local Free Range Eggs • \$4

Organic Local Brown Rice • \$2.5

Jasmine Rice • \$2.5

UNIQUE FLAVORS

Includes a small salad and an option of white or brown rice.

Universal Love Lemongrass • \$13.5

Sautéed with button mushrooms, onions, tofu, seasonal mixed vegetables and soy chicken in a spicy lemongrass sauce.

ALLERGENS: Contains wheat and whey.

Limitless Compassion • \$13

Spicy Mongolian soy beef sautéed with crown top broccoli, carrots, bell peppers, jalapeño, cilantro and black pepper.

ALLERGENS: Vegan. Wheat-free option available.

Peaceful Existence • \$13.5

Yellow curry with potatoes, tofu, carrots, button mushroom, beets and mixed seasonal vegetables with crispy potatoes.

ALLERGENS: Vegan. Wheat-free.

Dragon Mushroom Iron Pot • \$13.5

Organic oyster mushrooms, tofu, vegetables and bamboo shoots in ginger sauce. Topped-off with crushed black pepper and caramelized onions.

ALLERGENS: Vegan. Wheat-free option available.

Mandala Fried Rice • \$12.5

Seasonal mixed vegetables, shiitake mushroom and tofu.

ALLERGENS: Vegan. Wheat-free.

Supreme Wisdom • \$13.5

Seasonal mixed vegetables, tofu, button mushroom, mixed Asian herbs with a spicy coconut sauce, toasted crushed peanuts, and seasonal herbs.

ALLERGENS: Vegan. Wheat-free option available.

Peaceful Mind • \$13.5

Grilled mixed vegetables, beets, okra, tofu with a smoked lemongrass garlic sauce.

ALLERGENS: Vegan. Wheat-free.

Loco Moco • \$15.5

Grilled vegetable protein, organic fried egg with garlic blue oyster mushroom sauce over rice. Option of brown or white rice.

ABOUT US

Our family restaurant was established by our refugee parents, who fled Vietnam in 1978. They arrived in US in 1979 and soon after opened Andy Nguyen Restaurant in 1984. The original menu offered authentic Vietnamese cuisine and a variety of French dishes such as *Coco Vin Rouge* (chicken in red wine), *Duck A L'orange* and *Seafood Bouillabaisse*.

Inspired by our trip to India, along with our faith in Buddhism, the belief in humane and compassionate living style and the concept of healthy mind and body, we decided to offer a full vegetarian menu in 2015.